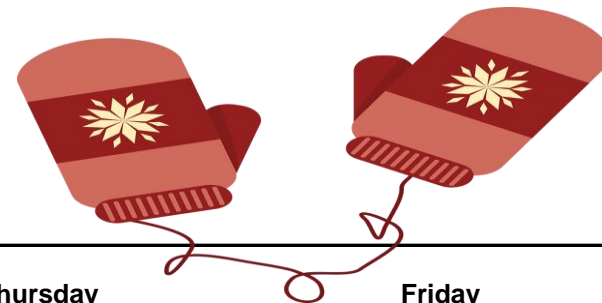



Tiverton Senior Center  
207 Canonicus Street  
Tiverton, RI 02878  
Telephone 401-625-6790 Fax 401-625-6793

*January 2022*



Monday	Tuesday	Wednesday	Thursday	Friday
3 HOLIDAY <b>Happy New Year!</b> CENTER CLOSED!	4 9:00 CHAIR YOGA w/Shirley  11:30 Mahjongg 1:30 DRUMS ALIVE!	5 9:00 Functional Fitness w/Deb  12:30 Cribbage No Chorus Today 12:30 JamBalaya Jammers	6 9:00 Balance Class with Jess <b>10:15 Art For Your Mind</b>  1:00 BINGO! 1:00 Knitting for Charity	6 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
10 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH <b>2:30 Care Giver Support Group</b>	11 9:00 CHAIR YOGA w/Shirley  11:30 Mahjongg 1:30 DRUMS ALIVE!	12 9:00 Functional Fitness w/Deb  12:30 Cribbage 12:30 Chorus in Lounge 12:30 JamBalaya Jammers	13 9:00 Balance Class with Jess <b>10:00 URI Pharmaceutical: Intro to Medicinal Oils</b> 1:00 BINGO! 1:00 Knitting for Charity	14 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
17 HOLIDAY <b>MLK Day!</b> CENTER CLOSED!	18 9:00 CHAIR YOGA w/Shirley <b>10:15 BOOK CLUB: "Before We Were Yours"</b> 11:30 Mahjongg 1:30 DRUMS ALIVE!	19 9:00 Functional Fitness w/Deb <b>10:00 Computer Tutorial</b> 12:30 Cribbage 12:30 Chorus in Lounge 12:30 JamBalaya Jammers	20 9:00 Balance Class with Jess <b>10:30-11:30 Nurse Terry -BP</b> 1:00 BINGO! 1:00 Knitting for Charity	21 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
24 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH <b>2:30 Care Giver Support Group</b>	25 9:00 CHAIR YOGA w/Shirley  11:30 Mahjongg 1:30 DRUMS ALIVE!	26 9:00 Functional Fitness w/Deb  12:30 Cribbage 12:30 Chorus in Lounge 12:30 JamBalaya Jammers	27 9:00 Balance Class with Jess  <b>10:00 CENTER MEETING</b> 1:00 BINGO! 1:00 Knitting for Charity	28 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
31 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH <b>1-3 CERAMICS</b>	<b>Dr. Martin Luther King Jr. HOLIDAY</b>  <b>REMEMBER! CELEBRATE! ACT!</b>			

**LUNCH served daily at 11:30**



Don't You Just Love SnowDays!!!